



PREP GUIDE CHECKLIST

Thanks for booking your heat treatment! To ensure things go smoothly, we need a little help from you. We'll double-check things before we start, so no worries if you're not sure about items. Also, don't worry about tidying up as we will likely need to lift cushions, move mattresses, and other things.

WHAT TO LEAVE IN PLACE

These items are generally okay unless your technician instructs otherwise.

- Furniture, mattresses, bedding
- Kitchen appliances, cookware, utensils
- Towels, blankets, and clothing in closets, piles, and drawers
- Most household fixtures and décor
- Books, papers
- Electronics***
- Pet items (cages, tanks, beds)
- Strollers and cribs

** Most electronics are fine - older electronics, electronics with LCD screens, or any electronics you're worried about can be set aside.*

VULNERABLE ITEMS TO GATHER

Before treatment, these items will be placed in sealed cardboard boxes and placed within an insulated, temperature-monitored container.

General rule: if it would melt in a hot car on a summer day, it's a good idea to consider it. You can gather any other items if unsure.

- Medications:** over the counter medications, prescriptions, vitamins, pet medications, etc.
- Aerosol sprays:** spray deodorant, hair spray, insect repellent, inhalers, spray cleaners, etc.
- Vulnerable small items:** candles, wax melts, crayons, markers, hot glue sticks, special art supplies, pens, paint, adhesive tape, 3D printed items (PLA / ABS), etc.
- Combustible / explosive items:** lighters, matches, CO₂ cartridges, propane and oxygen tanks, ammunition, fireworks, etc.
- Vulnerable containers:** household cleaners (bleach, ammonia, etc), deodorant sticks, makeup / cosmetics, lip balm, toothpaste, shampoo, conditioner, lotions, creams, hand sanitizer, etc.
- Craft and hobby items:** 3D printing filament, loose batteries, power packs, plastic decorative items, collectibles, etc.
- Sentimental items:** VHS tapes, cassettes, vinyl records, film cameras, film rolls and negatives, oil and acrylic paintings, etc.

- Instruments:** instruments with reeds / valve oils, lacquer or sensitive wood

 - Items to be placed in the fridge:** fruit and vegetables, chocolates, candy, carbonated beverages, wines, liquors, alcohol, etc.
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VEHICLES

Bring these items inside from your vehicles to be heat treated.

- Backpacks, purses, bags
- Car seats*
- Jackets, coats, wearable clothes
- Fabric items, blankets, strollers

** these may be left in vehicle as we will steam-treat your vehicles after the main heat treatment*

PEOPLE, PLANTS, & ANIMALS

- All people, plants, and pets must be removed during heat treatment.
- Take as little with you as possible and wear clean and white clothing if possible to identify hitchhikers when returning. Leave walkers, wheelchairs, canes, and strollers if possible.
- Have clothes ready in the bathroom to change into when arriving home (a bag will be placed in the bathroom to put worn clothes and shoes into to wash).
- Fish, reptiles, and other caged animals must be removed from tanks and taken in safe travel containers.
- Aquarium water temperature and state must be checked upon return.

OTHER CONSIDERATIONS

Other considerations include preparing other items within the home.

- Vinyl and plastic miniblinds and shades must be collapsed and or removed to be placed near the floor to prevent drooping or damage
- Sprinkler systems and heat sensors must be identified and taken offline or prepared before arrival
- Remove batteries from smoke detectors if possible
- Unplug electronics (appliances like the fridge can be left alone)
- Turn off the thermostat or any central air system
- Potentially damagable articles that can't be removed must be insulated
- Drain any water beds and deflate any air mattresses
- Items will be moved during treatment to facilitate even heating and to prevent cold spots. Attempts will be made to return items to previous positions if possible
- The treated space may be warm when returning. Windows can be opened or air conditioning turned on to return the space to a comfortable temperature

HIGH TEMPERATURE DISCLAIMER

Heat treatments involve high temperatures up to 150° F. The above precautions and considerations do not include everything that may be affected by heat. It is the resident's responsibility to identify and safeguard any items that may be affected by the treatment as any items left in the treatment space could be damaged. Final decisions about items and the heat treatment are up to the resident. Flare assumes no liability for damage to structures or items due to the heat treatment. Heat treatments involve powerful fans to distribute heat evenly. Air movement may disturb loose paper, lampshades, and other lightweight items.